

32nd Annual Conference
of the
Missouri Coordinated School Health Coalition

Co-Sponsored by
Missouri Department of Health and Senior Services
Missouri Department of Elementary and Secondary Education

**Collaborative
Pathways: Building
Tomorrow's
Infrastructure
Together**

Conference Program

April 14-16, 2025

The Lodge of Four Seasons
Lake Ozark, Missouri

Missouri Coordinated School Health Coalition envisions all Missouri students are healthy, safe, engaged, supported and positively challenged for a successful future. Our mission is to advocate and support the Whole School, Whole Community, Whole Child model in every Missouri school to ensure students learn to be healthy and are healthy to learn.



SPEAKERS

Angie Anderson, BSN, RN, NCSN,

graduated from Pittsburg State University with a Bachelor of Science in Nursing and received her RN certification in 1988. She has nursing experience in medical surgical, obstetrics, and pediatrics. She completed the Johnson and Johnson fellowship in 2014. She has served as district lead nurse in 4 Missouri schools over the past 28 years. In 2019, she retired from Mexico Public School, then began working with Therapylog to provide support and supervision for school health staff.

Donavon Barbarisi is the Youth Connection Specialist with the Adolescent and School Health Program (ASHP) at the Missouri Department of Health and Senior Services (MODHSS). With a higher education and teaching background, Donavon borrows from his experience to serve Missouri Youth best. In his current role, Donavon works with many Missouri organizations to help build connections with Missouri youth.

Chrissy Bashore is the Director of School Counseling and Student Wellness for the Department of Elementary and Secondary Education. She has been with DESE for over ten years representing School Counselors and has advocated for the collaboration of school nurses, school social workers, and school psychologists.

Aaron Berendzen has spent the last 20 years working to improve the lives of kids. He began his career as a school counselor and then transitioned into administration where he oversees the special education program, nurses, community health workers, mental health initiatives, medical/dental care, and parents as teachers for Eldon School District.

Kali Binkley is a Heart of Missouri School Improvement Consultant with 15 years of experience in the classroom and as a behavior interventionist. Passionate about supporting teachers and students, she focuses on creating lasting, positive change in education. A wife to Jon and mom to Harper, Elliette, and Cohen, Kali spends her free time reading or cheering on her kids at their events.

Morgan Blankenship, Ed.S., is the Project AWARE Coordinator for Kennett School District, dedicated to connecting students and families with mental health resources. With 10 years of experience in education, including roles in special education and administration. She advocates for student well-being and inclusive support systems.

Natalie Botkin, BSN, RN, NCSN, has been a Professional Registered Nurse for 31 years. She has been the Director of Health Services for the Republic School District since 2007 and served as the high school nurse from 2007-2013. Natalie is recognized as a Nationally Certified School Nurse and is the current Immediate Past President of the Missouri Association of School Nurses. She was honored with the 2019 MASN School Nurse Administrator of the Year. Over the last 17 years, Natalie has regularly participated in IEP and 504 meetings in her district as a building nurse or administrator, and believes that developing plans of care in conjunction with an IEP or 504 team is crucial to the student's success.

Grace Chapel is the Early Psychosis Care Center's Youth and Family Liaison. Her responsibilities include emphasizing the youth perspective and ensuring materials and outreach resonate with those they aim to serve. She is passionate about empowering and fostering a sense of optimism in young people experiencing psychosis and their families.

Deb Cook, RN, AE-C, is a Registered Nurse and a Certified Asthma Educator with 42 years of nursing experience. She was employed as the Director of Health Services for Kennett Public Schools for 29 years. She is now providing asthma education for school nurses across the state. Deb has a professional interest in school asthma care and has been involved in various asthma education programs. She has provided school asthma care presentations on the local, state, and national level at various conferences.

Kelsey Cunningham, M.Ed., is the Warmline Supervisor for Parentlink, an Outreach and Engagement Unit of the University of Missouri. The Warmline, a statewide parenting support line, serves parents, caregivers, and professionals and is often referred to as the front door to Parentlink. Kelsey is a former school counselor and spent a decade coordinating and implementing student support programs at Rock Bridge High School. Currently, she teaches parenting classes, leads community wide parenting discussion groups, and answers the Warmline. She is passionate about parent education and believes that all parents and caregivers have the same goal; to raise happy and healthy children.

SPEAKERS

Amanda Drews Deacy, PhD, BCB-A,

received her PhD from the University of Nevada, Reno in 2006. She pursued additional training in clinical child and pediatric psychology at the University of California, Los Angeles, as part of her predoctoral internship and postdoctoral fellowship. Dr. Deacy's primary interests are in pediatric disorders of gut-brain interaction (DGBIs), amplified pain syndromes, and other chronic physical complaints, the role of anxiety in exacerbating and maintaining these conditions, and acceptance-based approaches to chronic pain treatment. She performs her clinical work in the Abdominal Pain Program in the Division of Gastroenterology, Hepatology, and Nutrition, and serves as the Medical Director for School Health Initiatives at Children's Mercy Kansas City. She divides her time among clinical, program evaluation and quality improvement, and community outreach/education activities.

Chris Dzurick

serves as Missouri's SADD Coordinator with Act Missouri, where he champions youth empowerment and traffic safety. With a passion for leadership and education, Chris works closely with students to foster impactful change and advocate for safer communities.

Nia Estes

is the Healthy Youth Coordinator for the Adolescent and School Health Program (ASHP) at the Missouri Department of Health and Senior Services (MODHSS). Nia is transitioning from higher education to focus on the well-being of younger audiences. Nia collaborates with Missouri School Districts, local public health agencies, and partner organizations statewide, fostering well-being among youth and adolescents.

Marie-Laure Firebaugh, LMSW,

is the Clinical Research Specialist and Body U Director at Washington University School of Medicine. Ms. Firebaugh has extensive experience in the field of eating disorders and serves as the Body U Director, a statewide initiative to screen, prevent, and treat eating disorders. In this position, she has worked to raise awareness of eating disorders and educate Missourians on ways to improve body image.

Pat Fox

is with Special Health Care Family Partnership Initiative. Pat is a mother of three, one of whom has a rare genetic disorder, and is an advocate and resource specialist for families of children with special needs. She has been with Family Partnership for over ten years and believes in the whole home/Medical Home approach for health care, which includes a Care Notebook.

Emily Fravel, MS, RD, LD, is the Body U Teens Program Coordinator at Washington University School of Medicine. Ms. Fravel has diverse clinical experience in treating eating disorders in adolescents and adults. Currently, she serves as the Program Coordinator for Body U Teens, where she focuses on enhancing body image and educating middle and high school students and educators about the prevention and treatment of eating disorders.

Maddison Geller, MPH,

is an Epidemiologist with the Missouri Department of Health and Senior Services (DHSS) and the Youth Risk Behavior Survey (YRBS) coordinator for Missouri. In this role, she has collaborated with the Missouri Department of Elementary & Secondary Education (DESE) and School Health Profiles (SHP) to conduct the 2025 YRBS.

Bethany Gilot

is the founder of BGilot Consulting, a firm providing consulting services on human trafficking (HT) initiatives that range from training and specialized program development to state and federal policy recommendations. Her specialties include but are not limited to training on HT identification for youth-serving agencies, developing comprehensive systems of care for commercially sexually exploited (CSE) youth, state and local collaborative bodies, state-level policy development and implementation, the child welfare and juvenile justice roles in serving trafficked minors, and specialized services for CSE youth. Prior to consulting, Ms. Gilot served as the statewide human trafficking prevention director for Florida's state child welfare and juvenile justice agencies. In these roles, she helped to strengthen systems of care for trafficked youth. She implemented state and federal child welfare legislation, created agency policy that addresses HT, and oversaw state-level efforts to identify and serve survivors of sex and labor trafficking. Ms. Gilot works with NGOs serving survivors in the United States and India. She has direct care and program development experience working with adult and minor female survivors of sex trafficking on multiple levels of the continuum of care—from community-based services to long-term residential care. She has testified for the Florida Legislature, U.S. Congress, and HHS Children's Bureau on HT. She was featured in a Time Magazine article regarding HT in the United States and in a webinar series by Shared Hope International. She co-authored Guiding Principles for Agencies Serving Survivors of Human Trafficking. Ms. Gilot sits on three national advisory groups on human trafficking and is the founder of the National Human Trafficking Child Welfare Collaborative. She speaks regularly at state and national conferences on initiatives related to HT. She has a master's degree in Criminology and a bachelor's degree in Psychology and Criminology from Florida State University.

SPEAKERS

Dr. Kim Goforth is the Coordinator of Health and Physical Education for the Columbia Public Schools and has worked in the education field for over 25 years. She has served as a Health and PE teacher, certified athletic trainer, Special Education Teacher, Corporate Health and Wellness Coach, Higher Ed Curriculum Designer, and an Instructional Coach. Kim holds a passion for the "total person" approach to health and wellness education. She enjoys connecting all stakeholders in the learning process to build young learners' capacity for healthy, happy living, well into adulthood.

Krysta Grangeno, MS, is a Senior Consultant with Limitless Horizons Consulting (LHC), an award-winning community champion and best-selling author with expertise in early childhood education, program development, and organizational leadership. Through cross-sector collaboration and strategic infrastructure development, she advocates for sustainable solutions that enhances access to education and support services in Missouri's communities.

Heather Harlan, CRPS, MAADC II, is a Health Program Coordinator for Columbia/Boone County Public Health and Human Services. She brings a breadth of experience in mental health and substance use as she draws on many years of working as a drug and alcohol counselor for youth and adults, a certified prevention specialist, and professional storyteller.

Christy Inskip is the Youth Tobacco Use Prevention Specialist for the Missouri Department of Health and Senior Services (MODHSS) Tobacco Prevention and Control Program and is passionate about protecting youth from tobacco. She has bachelor's degrees in Psychology and Sociology from the University of Missouri and an MPH from Loma Linda University.

Towina M. Jones, Ed.S., LPC, NCC, is a Solutionist with a passion for helping others overcome obstacles who has been championing others for most of her life. In her work with SchoolLink, Towina draws on her experience as an At Risk Counselor, Grades 5-8 School Counselor, Family & Consumer Science Teacher, and Home School Coordinator in the Caruthersville School District. Towina has worked extensively with a wide range of populations in various systems including schools, churches, community action agencies, health centers, preschools, and other private sectors. In her free time, Towina enjoys daily prayer and praise treks, laughing loudly, listening to music, reading, writing, and traveling.

Mikala Jungmeyer-Geiger is the Youth Services Manager at the Missouri Behavioral Health Council (MBHC). She earned her Bachelor's in Human Services and is completing her Master's in Community Agency Counseling. Mikala chose behavioral health due to losing loved ones to suicide and substance use. MBHC allows Mikala to break down walls surrounding behavioral health.

Dr. Ashley Krause is an educator with passion. She is in her 29th year as a "leader learner" who actively pursues opportunities for professional growth. Dr. Krause has been a classroom teacher, secondary assistant principal, director of special services, and is currently the associate superintendent for the Farmington R-7 School District. She is also an adjunct professor for Central Methodist University and currently serves as the past president of the Missouri Council of Administrators of Special Education. Her career has been focused on students of all abilities and life experiences. She is presently involved in implementing MTSS, SEL and implementation of structural features promoted through the Whole School, Whole Community, Whole Child initiative at all levels in the Farmington School District.

Lisa (Farmer) Lauer is a Senior Nutritionist at the Missouri Department of Health and Senior Services (MODHSS), Bureau of Community Health and Wellness. Her current duties include early care and education (ECE) lead on the CDC State Physical Activity and Nutrition (SPAN) grant team and nutrition lead on the CDC, Missouri Healthy Schools grant team. In 2014, she joined DHSS to develop school salad bar resources and build the Culinary Skills Institute (CSI) hands-on training for school and ECE nutrition professionals. Lauer has over 20 years of nutrition and community education through various platforms, including appearing weekly on WDAF-TV in Kansas City (KC) as the Fox4 Nutritionist and a media escort/food stylist for cookbook authors visiting KC. However, she developed her passion for school nutrition professionals and farm to school as a Head Start Nutrition Coordinator overseeing seven kitchens that fed 665 children under six years of age. She received both her Bachelors of Science in Foods and Nutrition and her Master of Education in Adult Learning and Leadership from Kansas State University. Outside of work, Lisa enjoys traveling and spending time with her children and grandchildren.

Hannah Levely is the Youth Services Coordinator with the Missouri Department of Mental Health. She has her Bachelor's in Criminal Justice and her Master's in Criminology. She oversees state initiatives to support youth experiencing behavioral health challenges. She partners with providers and many others to ensure youth have ample support.

Melissa Maras, Ph.D., is a Research Consultant at the University of Missouri Assessment Resource Center where she manages a portfolio of evaluation projects with a primary focus on supporting quality improvement process in schools. Dr. Maras is a Clinical-Community Psychologist with expertise in school-based mental health and ecological approaches to improving systems. She's collaborating on a number of projects with colleagues across the state, including launching SchoolLink – a free problem-solving and resource support for school professionals – and collaborating on the development of the Missouri Framework for School-Based Mental Health.

SPEAKERS

Teresa McDonald, RN, BSN, is the Administrator of Tri-County Health Department, working in the health care setting for 25 years, she values meeting the needs of the people she serves. Teresa is in her third semester of the Pediatric Mental Health Nurse Practitioner (PMHNP) Program at Western Governors University (WGU) and is also a wife and mother of four.

Alec Mundle, CHES, MPH, is a Health Program Coordinator for the Columbia/Boone County Public Health and Human Services working in drug overdose prevention and care coordination. He is a certified health education specialist (CHES) who has coordinated many outreach and educational events in the field of overdose prevention.

Shirley Murphy serves as the HIV/STI Prevention Program Coordinator within the Bureau of HIV, STI, and Hepatitis at the Missouri Department of Health and Senior Services (MODHSS). She holds a Master of Public Health from the University of Missouri, specializing in policy and promotion, along with a certification in epidemiology.

Eve-Lynn Nelson, PhD, LP, FATA, is a Child Psychologist and University of Kansas Pediatrics Professor, pioneered school-based telebehavioral health. Telehealth ROCKS provides schools access to evidence-based behavioral health for students in low-resource communities with interventions across the multi-tiered systems of support pyramid, including the foundational school-based Community Health Worker approach.

Abigail Newland has been the Communications Specialist with the Missouri Department of Health and Senior Services (MODHSS), Tobacco Prevention and Control Program for almost three years. She has a bachelor's degree in Exercise and Health Science and an MBA in Marketing. Abigail is passionate about reducing youth tobacco use in Missouri.

Erica Oliver has 15 years of experience at BJC HealthCare working in the fields of community engagement, initiative implementation, project management, health education, and counseling. Erica leads initiatives that build partnerships to connect the community with valuable resources. She has experience obtaining community feedback about health equity, neighborhood strengths and areas of opportunity. This work has resulted in strategic community action aimed at improving the health of residents. She is capable of building strong relationships and as a result is successful at leading collaboratives to make healthy change in several vulnerable neighborhoods across St. Louis. Mrs. Oliver holds a bachelor's degree in psychology from Southern Illinois University of Edwardsville. She also holds a Master of Arts in professional counseling from Lindenwood University.

Meghan Opie was the first school-based Community Health Worker in Missouri and one of the first in the country. A former teacher in the Eldon School District, her work in the community has established a multitude of resources for students and their families.

Alicia Ozenberger, MEd, LPC, MAPS, is the Executive Director of Act Missouri, dedicated to substance use prevention and behavioral health. She leverages her expertise to empower communities and support youth-focused initiatives across the state.

Amanda Ruback began working at the Missouri Poison Center in 2010 as a Certified Specialist in Poison Information answering calls on the Poison Helpline. At the beginning of 2018, she completed her Master of Science in Nursing with an emphasis in Public Health and now works as the Community Outreach Coordinator at the Missouri Poison Center. In this position she coordinates education with schools, health departments, and other organizations across the state on topics related to poison prevention.

Dr. Sally Schulte is the Coordinator for Physical Education, Health and Drivers Education at Rockwood School District. Sally taught Health and PE for 13 years in Pre-K through 8th grade settings and coached club and high school sports. She's an avid learner, practitioner, and advocate for all things health and physical education and enjoys finding ways to support her teachers and students.

Andrew Shaughnessy, MPH, MA, is an award-winning advocate and Principal of Limitless Horizons Consulting (LHC). With expertise in capacity-building, he has led successful initiatives like Missouri Medicaid Expansion and the Missouri Confluence Waterkeeper's clean water campaign, driving impactful solutions for nonprofits and philanthropic organizations. He serves on several prominent health and housing boards.

Barbara Shaw has led as the Missouri State Coordinator for Child Nutrition Programs including the National School Lunch Program at the Department of Elementary and Secondary Education (DESE) since 2019. Shaw provides leadership and administration for quality school nutrition programs each day. She is an active mom of three and enjoys traveling with her family.

Robert Stiles helped create the first school-based community health worker program in 2016 in partnership with Eldon School District and has overseen its growth across rural communities in multiple states. His career has focused on innovation and leadership in rural health care, including serving as a rural Missouri Federally Qualified Health Center (FQHC) CEO.

SPEAKERS

Denise Strehlow is an experienced public health professional working at BJC HealthCare for the past 12 years. She collaborates with schools and community organizations to improve health through resource connections. Denise has an undergraduate degree in nutrition from Western Illinois University and a joint public health and social work graduate degree from Saint Louis University.

Matt Symonds became the Executive Director of the Missouri Society of Health and Physical Educators (MOSHAPE), following a 28 year career at Northwest Missouri State University as a health and physical education faculty member, where he taught a variety of health, physical education, and exercise science courses. His interests focus on practical strategies for increasing physical activity, managing stress, and improving health and performance. He enjoys hiking, cycling, golf, and all things outdoors.

Emily Thorpe, M.Ed., received her Masters in Special Education from the University of Missouri Saint Louis. She is a Teach for America alumnus. Emily has designed and implemented diverse programs in education as well as in refugee resettlement agencies. Emily's interests include building deep rooted community relationships through creating and sustaining well researched and evaluated health education programming. She is also interested in making health systems navigable for school-aged children as well as families who do not speak English as their primary language. She is the Manager for School Health Initiatives for the Office for Community Impact at Children's Mercy Kansas City. She divides her time working in the community at outreach events and planning and strategizing on school-based health programming.

Jami Troth is a Heart of Missouri Improvement Consultant with a passion for helping others and fostering growth. A former elementary teacher, she brings a wealth of experience in education and a deep understanding of community needs. Outside of her professional life, she is a dedicated mom to three children—Jayce, Brody, and Blakely—and the proud wife of Michael, a farmer. As a sports enthusiast, you can often find her cheering on her kids at their games. In her personal time, she enjoys weightlifting and embraces a lifestyle centered on family, fitness, and making a positive impact in the lives of others.

Kelly Vaughn, RN, BS, is a School Nurse Specialist with the Missouri Department of Health and Senior Services (MODHSS), Adolescent and School Health Program. With five years as Lead School Nurse in the Farmington School District and eight years of emergency planning experience with local public health agencies, Kelly is passionate about bridging the gap between school nurses and state entities. She has expertise in grant execution, team leadership, and data-driven decision-making to support school health initiatives. Kelly is dedicated to empowering school nurses through education, advocacy, and innovative collaborations to enhance student health and safety.

M. Leanne White, Ed.S., is the Director of Healthy School Initiatives with 23 years of service at Saint Louis Public Schools. Her background is uniquely suited to work confronting health inequities and building health equity as it addresses the role of physical activity in schools as a social determinant of health. Her qualifications include technical expertise in physical education, physical activity and health education, policies, and practices, as well as skills and experience in the educational leadership and professional development required to reframe mental models and instructional practices surrounding the role of physical activity in student health and well-being.

Emma Wilson completed her Bachelor's Degree in Psychology from the University of Missouri-Columbia in December 2021. Through the same institution, Emma recently pursued a Master's in Public Health with an emphasis in health promotion and policy, graduating in December 2024. She is a member of Delta Omega Honorary Society in Public Health. As a student, she became interested in the opioid crisis, and this interest spread into substance use prevention. In January of 2022, Emma entered the field and began working for PreventEd as a Prevention Educator; she has spent the last three years in St. Louis area schools educating students of all ages. She also manages, implements, and refines the It's Complicated curriculum.

Dave Zellmer, MPH, is a lifelong Missourian who holds a Bachelor's in Business Management and a Master of Public Health. Dave worked for over a decade as a health literacy specialist. He has proudly served for the past 3 years as a Health Program Coordinator with the Columbia/Boone County Health and Human Services, focusing on overdose awareness education.

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BEHAVIORAL HEALTH

MONDAY

April 14, 2025

8:30 am

REGISTRATION OPENS

..... Foyer

PRE-CONFERENCE SESSIONS

9:00 - 12 noon

Caring for Asthma in Schools

..... Granada A

Asthma is the most common chronic health condition affecting children of all ages. It is critical for school staff responsible for providing health care for students to not only understand the seriousness of asthma for some students but also understand how students can be more successful if they understand how to control their asthma. Inhaler technique is an important part of asthma care and can make a difference in providing care for the student with asthma. Understand the role of school staff when a student presents having trouble with their asthma. Resources for helping parents with access to care and medication will be discussed along with updated best practices for treatment of asthma.

Deb Cook, RN, AE-C, Retired School Nurse; Angie Anderson, BSN, RN, NCSN, TherapyLog; Kelly Vaughn, RN, BS, School Nurse Specialist, Missouri Department of Health and Senior Services (MODHSS)

10:00 - 5:30 pm

Elevate Your Campus With WSCC: Where Success Meets Strategy

..... Valencia B

Transform your school or district into a thriving, healthy environment that prioritizes physical and emotional well-being! Join this immersive session to discover actionable strategies based on the Whole School, Whole Community, Whole Child (WSCC) model. Explore one district's inspiring journey to create a culture of health and wellness through a dynamic leadership team approach involving nurses, social workers, physical educators, counselors, school resource officers, and safety directors. Participants will leave equipped with practical tools and insights to implement change and will gain in-depth knowledge on effectively utilizing the School Health Index to assess, plan, and enhance health initiatives in their schools. Whether you're from a small or large school, learn how to maximize your existing resources and foster a healthier environment for students, staff, and the community. Don't miss this opportunity to lead impactful change!

Dr. Ashley Krause, Associate Superintendent, Farmington R-7 School District

1:00 - 4:00 pm

Let's Make Sure They Can See and Hear

..... Granada A

Vision and hearing are critical for children to learn. It is important for school staff to understand the impact of school vision and hearing screening programs. Understanding best practices is essential for school screening programs. This session will allow participants to understand the importance of school vision and hearing screening programs including the screening protocols and state guidelines related to screening programs. Demonstrations of vision and hearing screening will be provided along with time for actual hands on by the participants.

Deb Cook, RN, AE-C, Retired School Nurse; Angie Anderson, BSN, RN, NCSN, TherapyLog; Kelly Vaughn, RN, BS, School Nurse Specialist, Missouri Department of Health and Senior Services (MODHSS)

1:00 - 5:30 pm

Adolescent Health

..... Valencia A

The Adolescent and School Health (ASH) Program within Missouri Department of Health and Senior Services (MODHSS) aims to serve Missouri youth by providing services that help adolescents lead physically and emotionally healthy lives. ASH has partnered with the Missouri Institute of Mental Health to offer the youth version of their program to facilitators. Youth Mental Health First Aid aims to teach any adult caregiver to identify, understand, and respond to an adolescent who may be experiencing a mental health or substance use challenge. In this half-day pre-conference workshop, attendees can expect to be able to identify signs and symptoms of mental health challenges and substance use; gain experience in interacting with a youth in crisis; learn how to navigate referring youth for help; and overall increased knowledge of trauma, self-care, and the impact of social media.

Kali Binkley, School Improvement Consultant, Heart of Missouri; Jami Troth, Improvement Consultant, Heart of Missouri

4:00 - 6:00 pm **EXHIBITOR SET-UP**Granada BC

5:30 - 6:00 pm **MEMBERSHIP MEETING**Granada A

6:00 - 7:30 pm **RECEPTION with EXHIBITORS**Granada BC
A Nacho Bar will be provided along with a cash bar.

TUESDAY

April 15, 2025

7:30 am **REGISTRATION OPENS**Foyer

7:30 - 8:30 am **BREAKFAST with EXHIBITORS**Granada BC

8:30 - 8:45 am **WELCOME and CONFERENCE KICK-OFF**Granada A
Ben Pringer, President, Missouri Coordinated School Health Coalition (MCSHC)

8:45 - 9:45 am **OPENING SESSION**
Understanding and Navigating Healthcare and Community Supports for StudentsGranada A
Unmet healthcare and other needs impact students' ability to learn and be successful. Navigating these social service and healthcare needs can be challenging for school staff members, who often encounter difficulties in providing the necessary support or accessing resources for students. Learn how family, school, community partnerships make a difference for students and improve educational outcomes, and how to begin this work in your community. As part of this conversation, we will explore several of the benefits offered by the managed care organizations that provide insurance coverage for people who are Medicaid eligible.
Robert Stiles, University of Kansas Medical Center; Representatives from Home State Health, Healthy Blue Missouri and United Health Care

9:45 - 10:00 am **BREAK**

10:00 - 11:00 am

CONCURRENT BREAKOUT SESSIONS

Making Sense of What Doesn't Make Sense: Age of First Use and Trauma as Risk Factors for Substance Use

..... Granada A

Many of us can describe the behavior of someone who lives with a substance use disorder or SUD (addiction), but few understand what's really happening. In this session, Heather will explain how these mystifying disorders develop, and why the age of first use coupled with childhood trauma multiply risk factors for youth. She will focus on legal drugs already in the community: alcohol, nicotine (tobacco and vaping) and cannabis. She will also offer examples of community responses that can help protect young brains. Heather believes "people learn more when they are having fun" so she uses drawings, a ukulele, lights, and bean bags to drive home her message.

Heather Harlan, CRPS, MAADC II, Health Program Coordinator, Columbia/Boone County Public Health and Human Services

Driving Change: Empowering Youth with SADD's Proven Programs

..... Valencia A

This dynamic workshop delves into SADD's (Students Against Destructive Decisions) impactful programs that equip youth to lead traffic safety and prevention initiatives. Participants will gain insights into creating content that resonates with young audiences and learn how to empower students to drive change through peer education. By examining SADD's Rock the Belt and Is It Worth the Risk programs, attendees will explore effective methods for addressing impaired and distracted driving among teens. The session will highlight practical strategies for project planning, fostering leadership, and utilizing youth-driven approaches to promote safe driving and prevention efforts.

Chris Dzurick, Missouri SADD Coordinator, Act Missouri; Alicia Ozenberger, Med, LPC, MAPS, Executive Director, Act Missouri

Introduction to Missouri's School-Based Mental Health Framework

..... HK's Club Room

What is School-Based Mental Health (SBMH)? How can the Missouri SBMH Framework be helpful to you? What are the best practices that can help your school create effective partnerships and integrated multi-tiered systems of support? This session will explore the new Missouri SBMH Framework and share additional resources and opportunities.

Dr. Melissa Maras, Research Consultant, University of Missouri Assessment Resource Center; Chrissy Bashore, Director, School Counseling and Student Wellness, DESE

Let's Talk About It-SchoolLink Services with Integrated Parent-Facing Supports

..... Valencia B

SchoolLink supports Missouri school professionals with evidence-based best practice information, connection to vetted resources, and collegial listening support from experienced colleagues. ParentLink supports anyone caring for a child in Missouri and provides a valuable resource for school professionals guiding students and their families. This session discusses the application of this two-pronged approach in empowering school professionals who are making a profound difference in the lives of children and youth.

Kelsey Cunningham, Warmline Supervisor, ParentLink; Towina M. Jones, Ed.S., LPC, NCC, ParentLink

11:15 - 12:15 pm

LUNCH with EXHIBITORS

..... Granada BC

12:15 - 12:30 pm

BREAK

12:30 - 1:30 pm

CONCURRENT BREAKOUT SESSIONS

Breathe Better: Stress Less

..... HK's Club Room

Whether at school or work, each of us experience stress throughout our daily activities. At the same time, we also have a powerful stress management tool with us at all times: our ability to implement breathing strategies. Incorporating deliberate breathing strategies into daily routines and performance preparation can be an effective way to manage stress, boost resilience, and enhance both mental and physical capabilities. There are a variety of breathing strategies that are easy to learn, teach, and implement to help us all achieve improved health and wellness. Join this session and leave with new information and tools that you can implement today!

Matt Symonds, Executive Director, Missouri Society of Health and Physical Educators (MOSHAPE)

The Power of Partnerships

..... **Valencia B**

The St. Louis Public School (SLPS) District has been on a mission since 2012 to transform the district's focus on health and wellness. Therefore, the SLPS Academics In Movement (AIM) Healthy School Initiative was established, concentrating on creating comprehensive, equitable programs, projects, and processes focused on creating healthier school environments, integrating physical activity into the academic setting, and connecting students to nature. The school district implemented the Alliance for a Healthier Generations School Health Program and developed a unique partnership with BJC HealthCare called the SLPS-BJC Liaison program. As a result of these efforts, currently 30 SLPS schools reached the status of America's Healthiest Schools, with 5 of those schools reaching the All-Star level. This achievement equates to approximately 10,000 students and over 1,000 faculty and staff who have been affected by the health and wellness changes their individual schools integrated into their physical environment, daily schedule, practices, and policies. In the 2022-2023 school year, elementary AIM schools had an average daily attendance of 88.3% compared to 83.9% in non-AIM schools. Average daily attendance in high school AIM schools was 88.9% compared to 84.8% in non-AIM schools. Average discipline incidents in elementary AIM schools were 68.3 compared to 124.1 in non-AIM schools. These outcomes speak to the power of creating healthy and inviting learning environments for students and staff. Schools and healthcare systems can work together toward common wellness goals to help build the healthiest generation. Attendees will be introduced to the Alliance for a Healthier Generation's six-step process used between the school district and healthcare partner to create a healthier school environment, learn about the positive affect of "re-framing" and how to develop and support this type of collaboration for long-term impact.

M. Leanne White, Ed.S., Director, Healthy Schools Initiative, Saint Louis Public Schools; Denise Strehlow, BJC HealthCare; Erica Oliver, BJC HealthCare

It's Complicated: Engaging Youth Voices in a Cannabis Prevention Program

..... **Valencia A**

PreventEd will share details on the development, implementation, and evaluation of a peer-taught cannabis prevention program. This curriculum was designed to engage Junior and Seniors at a local high school to facilitate the lessons with their Freshman and Sophomore peers. In prevention efforts, the messenger is often just as important as the message. By empowering young people to be leaders, they have the ability to gain a deeper understanding of the prevention information and the lesson is better received by their peers. This curriculum is implemented in a 3-lesson series that provides up-to-date facts on the changing landscape of cannabis in Missouri and across the U.S. In a randomized control trial, results have recently shown that there are several outcomes with statistically significant results. The outcomes of the program will be discussed in the presentation, along with lessons learned and ongoing efforts to enhance the program.

Emma Wilson, Prevention Educator, PreventEd

STI Prevention

..... **Seville**

This presentation is an overview of sexually transmitted infections among adolescents and young adults. It describes reportable STIs, transmission, prevention, testing and resources. Come learn about the goals and services of the Bureau of HIV, STIs and Hepatitis Prevention Team at the Missouri Department of Health and Senior Services.

Shirley Murphy, Prevention Program Coordinator, Bureau of HIV, STI, and Hepatitis, Missouri Department of Health and Senior Services (MODHSS)

Empowering School Nurses and Staff: Navigating Healthcare Support for Students

..... **Granada A**

Navigating the healthcare system can be challenging for many of us and as school staff members we often encounter difficulties in providing the necessary support. This session will introduce you to Schoolnurselink.com, a valuable online resource designed to equip school staff with resources and connections essential for aiding families in their healthcare journey for their child. We will also explore several of the benefits offered by the managed care organizations that provide the insurance coverage for people who are Medicaid eligible.

Angie Anderson, BSN, RN, NCSN, Therapylog; Deb Cook, RN, AE-C, Retired School Nurse

1:30 - 1:45 pm

BREAK

1:45 - 2:45 pm

CONCURRENT BREAKOUT SESSIONS

You Care for Many...Who's Caring for You? Self-Care for Caring Hearts

.....**Granada A**
Join us for an engaging and interactive presentation on self-care specifically designed for empaths and caregivers. This session will provide practical strategies that participants can implement immediately to enhance their well-being. Learn how to set healthy boundaries, practice mindfulness, and incorporate small daily rituals that nurture your emotional and mental health. Participation is highly encouraged, as we create a fun and supportive environment where everyone can share their experiences and gain valuable insights. Together, we will explore ways to recharge and cultivate resilience in our demanding roles.

Dr. Kim Goforth, Health and Education Coordinator, Columbia Public Schools; Dr. Sally Schulte, Physical Education, Health and Drivers Education Coordinator, Rockwood School District

Evidence-Based Practices Regarding How to Prepare and Respond to an Opioid Emergency in Your School

.....**Valencia B**
Missouri students are at risk of fatal overdoses due to fentanyl and other prescription opioids. In this presentation, Health Program Coordinators from Columbia/Boone County Public Health and Human Services will educate you on why opioids such as fentanyl cause deaths and how to identify signs of an opioid overdose. In addition, you will be educated about how to administer the life-saving antidote naloxone and how to be better prepared for an overdose in your community.

Dave Zellmer, MPH, Health Program Coordinator, Columbia/Boone County Public Health and Human Services; Alec Mundle, CHES, MPH, Health Program Coordinator, Columbia/Boone County Public Health and Human Services

Youth Customer Personas: Assisting the Actual Not the Average

.....**Valencia A**
How do we begin targeting our efforts towards the youth we serve as apposed to the statistics that we often see. In this presentation, we will borrow marketing tactics to identify and describe the youth we hope to attract and utilize our services. We will dive into how we are using personas to guide our work in program delivery, resource creation, and future planning. Working with youth can be challenging, particularly when those who need us most aren't the "average" in Missouri. This presentation will provide resources and tactics for discovering who the youth you serve are, how to connect with and market to them, and how to tailor your efforts to better meet their needs.

Donavon Barbarisi, Youth Connection Specialist, Adolescent and School Health Program (ASHP), Missouri Department of Health and Senior Services (MODHSS); Nia Estes, Healthy Youth Coordinator, Adolescent and School Health Program (ASHP), Missouri Department of Health and Senior Services (MODHSS)

The Vaping Epidemic Continues...Let's Collaborate to End it!

.....**HK's Club Room**
Keeping up with countering the Tobacco Industry's tactics to addict youth to nicotine can seem impossible. Are traditional discipline or vape detectors working to reduce student vaping in your school? Is your school implementing its tobacco-free campus policy? Participants will gain knowledge and tools to partner in proactively ending the youth vaping epidemic in their schools. This session will cover how to address student nicotine addiction through positive discipline and cessation support like My Life My Quit.

Christy Inskip, Youth Tobacco Use Prevention Specialist, Missouri Department of Health and Senior Services (MODHSS)-Tobacco Prevention and Control Program; Abigail Newland, Communications Specialist, Missouri Department of Health and Senior Services (MODHSS)-Tobacco Prevention and Control Program

2:45 - 3:00 pm

BREAK

3:00 - 4:00 pm

CONCURRENT BREAKOUT SESSIONS

Behavioral Health for Missouri Youth

..... **Granada A**

The Missouri Department of Mental Health, Division of Behavioral Health (DBH) manages programs and services focused on behavioral health challenges. DBH partners closely with the Missouri Behavioral Health Council (MBHC), who represents over 30 behavioral health providers across the state. DBH and MBHC support programs and services for youth and their families that focus on prevention, education, resiliency skills, and treatment. Services are provided by local Certified Community Behavioral Health Clinics and Adolescent SUD providers - all contracted with DBH to provide services that meet state and federal standards. This presentation will provide a high-level overview of the youth continuum of care within DBH, with emphasis on prevention efforts, the crisis continuum, and referral avenues into the system. The purpose of this presentation is to connect school professionals with resources to rely on when the youth they interact with need additional support or are in crisis.

Hannah Levely, Youth Services Coordinator, Missouri Department of Mental Health; Mikala Jungmeyer-Geiger, Youth Services Manager, Missouri Behavioral Health Council (MBHC)

Becoming School Friendly

..... **Valencia B**

Education is a social determinant of health and has long-term effects on children's health and economic outcomes. As students, educators, and families recover from the long-term effects of the COVID-19 pandemic, it is critical for the health and education sectors to align efforts to address the needs of children. Hospitals and healthcare delivery systems need a holistic framework for such partnerships. This session will detail the journey, led by Children's Mercy Kansas City, to develop principles of a school-friendly health system (SFHS), a school health partnerships framework based on lessons learned from nationally recognized baby-friendly hospitals and age-friendly health systems initiatives. Becoming school-friendly means that hospitals and health systems have made a commitment to actively help children achieve optimal health and reach their full academic potential. The five SFHS principles were developed through the input of expert stakeholders, including pediatricians, educators, health care delivery system and school administrators, school nurses, parents and guardians, and community health experts. In this interactive group session, the presenters will describe the SFHS principles, share learnings from the SFHS Learning Collaborative and engage with attendees in an activity on how to assess and improve their collaboration between education and health sectors.

Emily Thorpe, M.Ed., Manager, School Health Initiatives, Office for Community Impact, Children's Mercy Kansas City; Amanda Drews Deacy, PhD, BCB-A, Medical Director, School Health Initiatives, Children's Mercy Kansas City

Safeguarding Against Poison Related Dares and Challenges

..... **HK's Club Room**

Interested in learning about the latest poison-related dares and challenges like the Benadryl challenge and BORGs? Join the Missouri Poison Center as they discuss these unusual trends. They will also cover prevention strategies and how the poison center can be integrated into your workflow.

Amanda Ruback, Certified Poison Information Specialist, Missouri Poison Center

Supporting Students with IEPs and 504 Plans: A School Nurse's Guide to Effective Navigation and Advocacy

..... **Seville**

Navigating Individualized Education Plans (IEPs) and 504 Plans can present significant challenges, from understanding the scope of your responsibilities to effectively communicating with families and school staff. We invite school nurses and other team members to join us as we provide insights and strategies to confidently fulfill your role. Learn how to support students and make a positive impact on their educational experience. Whether you're familiar with these processes or new to them, this session will empower you with the knowledge and tools necessary to navigate the process.

Natalie Botkin, BSN, RN, NCSN, Director of Health Services, Republic R-III Schools

The Calm Within: Redefining Student Support in Kennett Schools

.....*Valencia A*

In January 2023, the Kennett School District embarked on an ambitious initiative thanks to the receipt of Project Aware funding. The district's mission was to create spaces where young students could find calm—a de-escalation room in each elementary school building. These rooms were envisaged as sanctuaries where children experiencing emotional overwhelm could retreat from the classroom, catching their breath, regaining their composure, and readying themselves to re-engage with their education. At the heart of this endeavor was a desire to reduce out-of-school suspensions, which would ensure that more students remained within the educational environment rather than being excluded from it. The data for the 2023-2024 school year was encouraging with the number of out of school suspensions in one building decreasing, suggesting that the de-escalation room was serving its purpose. This shift is not only seen in numbers but also felt in the day-to-day atmospheres of the schools, where children have a space for reflection and regulation. The Kennett School District continues to demonstrate that with thoughtful intervention and support, the trajectory of a child's education and emotional well-being can be positively influenced.

Morgan Blankenship, Ed.S., Project AWARE Coordinator, Kennett School District

4:00 - 4:15 pm

BREAK

4:15 - 5:15 pm

CLOSING SESSION

Insights from the 2023 Youth Risk Behavior Survey

.....*Granada A*

CDC's Youth Risk Behavior Surveillance System (YRBSS) monitors priority health behaviors and experiences among students nationwide and helps to understand and address the challenges faced by today's young people. During this session we will highlight Missouri's 2023 Youth Risk Behavior Survey (YRBS) data and look at data trends across our State.

Maddison Geller, MPH, Epidemiologist, Missouri Department of Health and Senior Services (MODHSS), Youth Risk Behavior Survey (YRBS) Coordinator

WEDNESDAY

April 16, 2025

7:30 am

REGISTRATION OPENS

.....*Foyer*

7:30 - 9:00 am

NETWORKING BREAKFAST

.....*Granada BC*

9:00 - 10:00 am

OPENING SESSION

Human Trafficking Part 1

.....*Granada A*

Survivors of sex and labor trafficking can experience complex needs that are best met through a collaborative response from the victim service programs, behavioral health, and allied agencies surrounding them. This training will enable participants to define and discern between sex and labor trafficking, identify victims and survivors of human trafficking and vulnerable populations with the highest recruitment and grooming rates, and provide comprehensive tools for professionals to identify intersecting identities and issues, provide trauma-informed safety plans, and offer a collaborative referral network of services.

Bethany Gilot, Founder, BGilot Consulting

10:00 - 10:15 am

BREAK

10:15 - 11:15 am

CONCURRENT BREAKOUT SESSION

Human Trafficking Part 2

..... **Granada A**

This training will build on concepts addressed in the previous session. Survivors of sex and labor trafficking can experience complex needs that are best met through a collaborative response from victim service programs, behavioral health, and allied agencies surrounding them. This training will enable participants to define and discern between sex and labor trafficking, identify victims and survivors of human trafficking and vulnerable populations with the highest recruitment and grooming rates, and provide comprehensive tools for professionals to identify intersecting identities and issues, provide trauma-informed safety plans, and offer a collaborative referral network of services.

Bethany Gilot, Founder, BGilot Consulting

Support Your Students to Develop a Healthy Body Image: Strategies and Resources for Schools

..... **HK's Club Room**

Body image dissatisfaction is a leading factor in the development of eating disorders (EDs), which are serious mental illnesses associated with numerous health and psychiatric comorbidities. Helping adolescents develop healthier relationships with their bodies is crucial, as improving body image can significantly reduce the risk of adolescents developing an ED. In this session, we will discuss strategies to create a school environment that promotes healthy body image by focusing on the following areas: 1) introducing the concept of body acceptance and understanding its benefits in fostering an inclusive and positive school environment, 2) exploring how diet culture influences societal norms and body image, including reviewing information on the potential harms caused by social media during adolescence, and 3) providing actionable steps that schools can take to promote healthy body image across various school settings including classrooms, sports programs, counseling services, and in the nurse's office. Finally, we will introduce the Body U Teens program as a resource to help students develop healthy body image and reduce their risk of developing an ED. The Body U Teens program offers schools access to EDs screening, along with an evidence-based suite of digital programs that has been proven to be highly effective in driving early intervention, prevention, and support for people at risk or with an ED.

Marie-Laure Firebaugh, LMSW, Clinical Research Specialist, Body U Director, Washington University School of Medicine; Emily Fravel, MS, RD, LO, Body U Teens Program Coordinator, Washington University School of Medicine

Telehealth ROCKS Missouri: Building Schools/Community Pathways to Success

..... **Valencia B**

Telehealth ROCKS Missouri is a two-state initiative to address the national crisis in youth mental health and significant student inequities related to the Social Determinants of Health. The network of partners includes the Eldon, South Callaway, and Kennett School Districts in Missouri and nine school districts in southeast Kansas. The presenters will share the promising practice of school-based community health workers (SB-CHW) and tools for community partnership and engagement. Participants will discuss ways to maximize impact of these trusted "frontline public health workers" and differentiate their role within school teams. The presenters will also share strategies for building and sustaining engagement across stakeholders (e.g., student, family, education, health, mental health and wellbeing, social services, government, and others) and building community partnerships to address student and family needs. The presenters will summarize the Missouri certification processes as well as the importance of a community of practice when extending CHW work to schools. The presentation will conclude with a call to action for participants to engage stakeholders to advance Social Determinants of Health goals within their unique schools and communities, including SB-CHW options.

Eve-Lynn Nelson, PhD, LP, FATA, Child Psychologist, University of Kansas Medical Center, Pediatrics Professor, University of Kansas; Robert Stiles, University of Kansas Medical Center; Aaron Berendzen, Eldon School District; Meghan Opie, Community Health Worker, Eldon School District

Growing Healthy Students with the Three C's: Community, Classroom, and Cafeteria

..... **Valencia A**

If you've seen one Farm to School program, you've seen one Farm to School program! There is no set "Farm to School" formula, and the term evokes different ideas for different people. During this interactive session, we will provide resources for planning, funding, and building a sustainable farm to school (FTS) program. Participants will receive a FTS rubric designed to help your team guide FTS planning and regularly assess progress.

Lisa (Farmer) Lauer, Senior Nutritionist, Missouri Department of Health and Senior Services (MODHSS); Barbara Shaw, Missouri Department of Elementary and Secondary Education (DESE)

11:15 - 11:30 am **BREAK**

11:30 - 12:30 pm **CONCURRENT BREAKOUT SESSIONS**

Early Psychosis in Students: Why Educators Have a Key Role

.....**Granada A**

This presentation will provide educators an overview of first episode psychosis, including its prevalence, impact on students, and the significance of the educators' role in identifying early warning signs. Resources from the Early Psychosis Care Center's free educator toolkit will be shared, including materials for discussing psychosis in the classroom, accommodations for students who experience psychosis, and methods for understanding students' experiences.

Grace Chapel, Youth and Family Liaison, Early Psychosis Care Center

Collaborating for Success-Creating a Care Notebook

.....**Valencia B**

The Tri-County Health Department in collaboration with Special Health Care Needs Family Partnerships created a care notebook designed for its diverse use aiding professionals and families in tracking a child's health care needs and beyond. The Care Notebook is especially useful for children with disabilities, special health care needs, IEP's, and children in foster care.

Teresa McDonald, RN, BSN, Administrator, Tri County Health Department; Pat Fox, Special Health Care Family Partnership Initiative

Building Systems Change in School Health: Strategies for Sustainable and Collaborative Impact

.....**Valencia A**

In today's evolving educational landscape, promoting health and wellness in schools requires more than isolated programs - it calls for systemic, lasting change. This interactive session will inspire health educators, school nurses, wellness coordinators, and administrators to champion social and emotional wellness. By exploring the six conditions of systems change: policies, practices, resource flows, relationships, power dynamics, and mental models - participants will gain practical insights and actionable strategies for transforming school environments into healthy, inclusive spaces for students and staff. Through real-world examples and interactive discussions, attendees will leave equipped with tools to align wellness initiatives with educational goals, fostering a ripple effect that creates a healthier, more supportive school community.

Krysta Grangeno, MS, Senior Consultant, Limitless Horizons Consulting; Andrew Shaughnessy, MPH, MA, Owner, Limitless Horizons Consulting

Getting Your Comprehensive School-Based Mental Health System in SHAPE

.....**HK's Club Room**

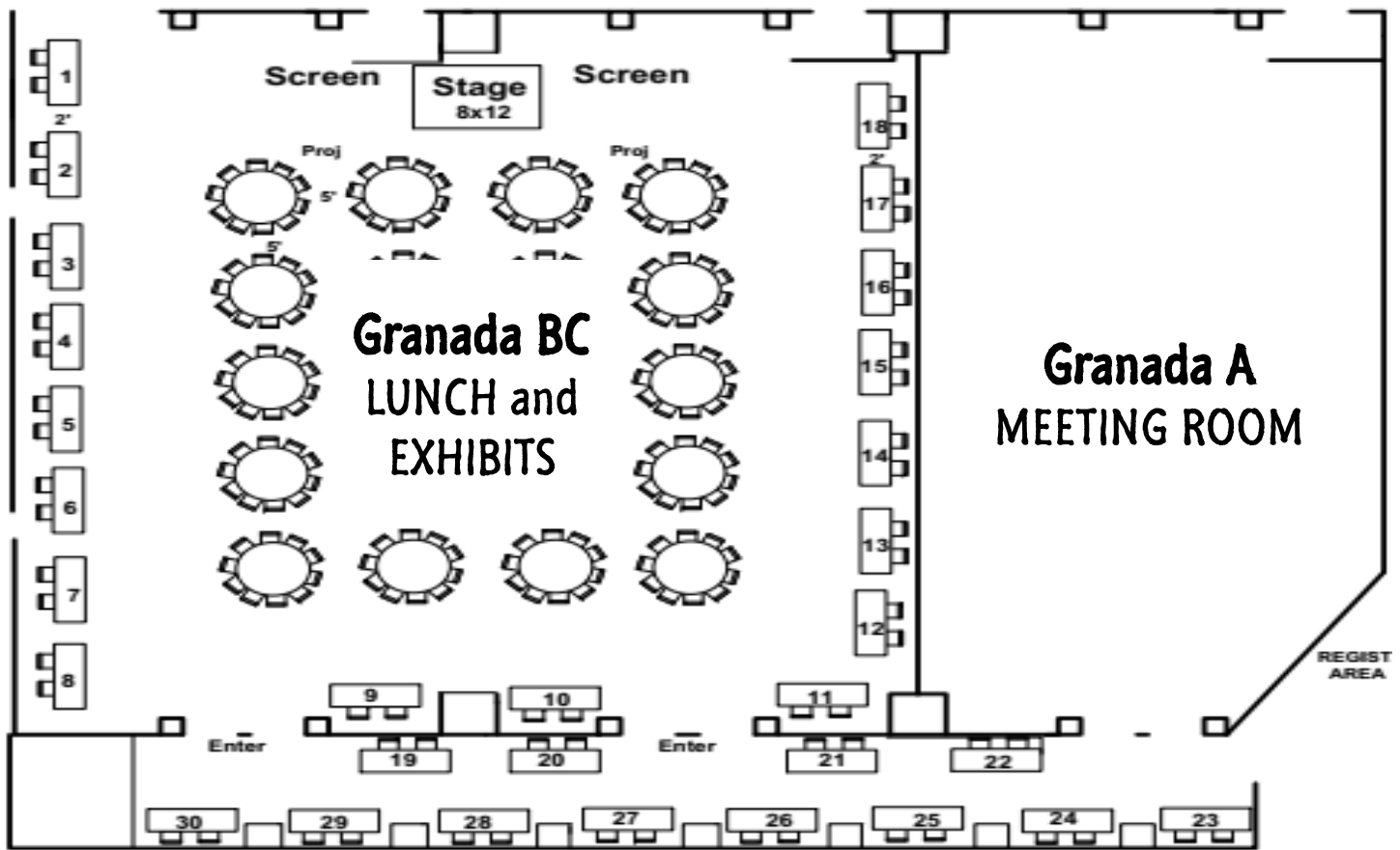
What are the key components of a comprehensive school-based mental health system? How do we know how well our current school mental health system is meeting the needs of our district? Where do I start if I want to better support the well-being of our staff and students? If you've ever asked yourself these or similar questions, this session is for you! Join us to learn about how the School Mental Health Quality Assessment can help you reflect on the good work you are already doing, prioritize strategies and approaches you want to focus your efforts on, and plan for action. You will leave with access to a whole library of best practice guidance and implementation tools that are available free-of-charge through the School Health Assessment and Performance Evaluation (SHAPE) System.

Dr. Melissa Maras, Research Consultant, University of Missouri Assessment Resource Center; Chrissy Bashore, Coordinator of School Counseling and Student Wellness, DESE

12:30 pm

CONFERENCE ADJOURNS

EXHIBIT HALL



- 1** - MODHSS-Adolescent and School Health
- 2** - St. Louis District Dairy Council
- 3** - Body U Teens
- 4** - Aetna Better Health
- 5** - APIC-Assn for Professionals in Infection Control and Epidemiology
- 6** - MODHSS-Special Health Care Needs
- 7** - Early Psychosis Care Center
- 8** - MacGill School Nurse Supplies
- 9** - Embark Behavioral Health
- 10** - Healthy Blue Missouri
- 11** - MODHSS-Office of Dental Health
- 12** - Missouri Poison Center
- 13** - Home State Health
- 14** - MODOT-Highway Safety
- 15** - TRACTION
- 16** - MO Network Against Child Abuse
- 17** - MO Department of Elementary and Secondary Education (DESE)

- 18** - Columbia/Boone County Public Health and Human Services
- 19** - MDSS-Office of Workforce and Community Initiatives
- 20** - UMKC-iAmHealthy Parents First
- 21** - CenterPointe Hospital Columbia
- 22** - OPEN
- 23** - Show Me School Health
- 24** - AAIR-Asthma and Allergy Impact and Rescue
- 25** - MODHSS-Tobacco Prevention & Control Prog.
- 26** - Missouri Telehealth Network-Show Me ECHO
- 27** - Brain Injury Association of Missouri
- 28** - Compass Health Network
- 29** - Missouri Association of School Nurses
- 30** - Alliance for a Healthier Generation

EXHIBITORS

Aetna Better Health SILVER SPONSOR

**Chris Beurman, Lead Director,
State Strategy and Growth**

14400 W. 123rd Terrace
Olathe, KS 66062
913-904-8370
beurmanc@aetna.com

Aetna Better Health® serves millions of Medicaid members across the country. We strive to build long-term positive relationships with those we serve. Together with providers and community partners, we help Medicaid members and their families get the support they need throughout their health care journey.

Booth #4

Alliance for a Healthier Generation

Terry Atteberry, Associate Director

111 N. Godfrey Avenue
Eldon, MO 65026
573-280-2839

Terry.atteberry@healthiergeneration.org

The Walking Classroom, an educational program of the non-profit Alliance for a Healthier Generation, aligns with academic standards for grades 3-8, supports academic enrichment, increases physical activity, social emotional learning, and health literacy. Program benefits include improved learning, better engagement, clear improvements around mood and behavior, and improved health literacy skills. The Walking Classroom provides audio devices preloaded with literacy-based podcasts that students listen to while they walk. Podcasts topics include social studies, language arts, biographies, and science. Each podcast includes a brief health message to improve health literacy, and an embedded character value. Learn how to build students' academic knowledge, health literacy, and social emotional learning skills while engaging in different learning styles. Come Walk. Listen, Learn with us!

Booth #30

APIC: Association for Professionals in Infection Control and Epidemiology

Chris Smith, Program Manager

1400 Crystal Drive, Ste. 900
Arlington, VA 22202
573-999-6650
csmith@apic.org

The Association for Professionals in Infection Control and Epidemiology (APIC) is the leading professional association for infection preventionists (Ips) with more than 15,000 members. APIC's mission is to advance the science and practice of infection prevention and control.

Booth #5

AAIR-Asthma and Allergy Impact and Rescue

Lindsey Diener, Program Coordinator

5501 Delmar Blvd., Ste. A450
St. Louis, MO 63112
636-221-1976
ldiener@weareaair.org

AAIR-Asthma and Allergy Impact and Rescue, formerly known as The Asthma and Allergy Foundation-Midstates Chapter, has been a leading resource for individuals with asthma and allergies for over 43 years. Dedicated to helping children breathe easier, their innovative programs, such as RESCUE, have set national standards in asthma care within schools. AAIR's commitment to serving the community remains strong, and this transformation allows AAIR to enhance their impact on a national scale. AAIR's core services include: RESCUE: An undesignated stock albuterol assistance program that provides no-cost medical equipment to school nurses, enabling them to treat asthma and allergy emergencies at school rather than sending children home or to the emergency room; BREATH: A comprehensive asthma management program that offers life-saving medications, equipment, education, support, and case management to children suffering from asthma and allergies, as well as their families and caregivers in the St. Louis metro area and Southern Illinois.

Booth #24

Collaborative Pathways: Building Tomorrow's Infrastructure Together

EXHIBITORS

Body U Teens

Marie-Laure Firebaugh, Director
Emily Fravel, RD, Coordinator

Washington University
1 Brookings Drive
St. Louis, MO 63130
913-237-4605
bodyu@wustl.edu

Body U Teens is a free comprehensive, evidence-based program to identify and address eating disorders in adolescents. This program takes into account each teenager's individual needs to offer tailored prevention, support and resources to meet them where they are at by partnering with Missouri schools.

Booth #3

Brain Injury Association of Missouri

Maureen Cunningham, Executive Director

2265 Schuetz Road
St. Louis, MO 63146
314-426-4024

mcunningham@biamo.org

The Brain Injury Association of Missouri is a statewide non-profit organization providing support, education, recreation and advocacy for persons with brain injury, families, professionals, and communities. They provide education and support for school personnel through their Get Schooled on Concussions for Missouri partnership, Show Me the TACT initiative, and Concussions: Facts, Fallacies, and New Frontier Seminars.

Booth #27

CenterPointe Hospital of Columbia

Stephanie Witthar, Director, Business Dev.

1201 International Drive
Columbia, MO 65202
314-280-6789

Stephanie.witthar@chcmo.net

CenterPointe Hospital Columbia is a state-of-the-art 80-bed, standalone psychiatric hospital fully accredited by the Joint Commission and Missouri Department of Health and Senior Services. CenterPointe provides crisis stabilization, inpatient, intensive outpatient, and partial hospitalization for adolescents, adults, and senior adults in Missouri.

Booth #21

Columbia/Boone County Public Health and Human Services

Heather Harlan | Alec Mundle

Sarah Varvaro | Dave Zellmer

1005 W. Worley Street, PO Box 6015
Columbia, MO 65205
573-874-7781

Dave.zellmer@como.gov

Columbia/Boone County Public Health and Human Services is a nationally accredited public health department in the state of Missouri, serving both the city of Columbia and surrounding communities within Boone County, Missouri. Their mission is to promote and protect the health, safety and well-being of Boone County residents. They do this through leadership, partnership and service by coordinating with federal, state and local organizations to achieve their vision of optimal health, safety and well-being for all.

Booth #18

Compass Health Network

Brittany Davis, Community Relations Coord.
Donovan Bock, Director, Community Relations

1800 Community Drive
Clinton, MO 64735
660-287-3909

dbock@compasshn.org

CompassHealthNetwork.org

Compass Health Network is a Federally Qualified Health (FQHC) Center and Certified Community Behavioral Health Organization (CCBHO) designed to serve the needs of individuals across Missouri in 46 counties through innovative, high-quality services delivered in-person and through technology-supported, telehealth services. Services include behavioral health (both inpatient and outpatient services), substance use disorder (both residential and outpatient services), primary care and dental for all ages.

Booth #28

EXHIBITORS

Early Psychosis Care Center

Michelle Hill, Coordinator, Grants & Contracts

1 University Blvd.
St. Louis, MO 63121
314-516-8407

Martha.donovan@mimh.edu

Missouri's Early Psychosis Care Center is bringing to the forefront the importance of identification and intervention as critical steps in reducing the impact of psychosis on affected individuals, their families, and our community through educational opportunities and outreach.

Booth #7

Embark Behavioral Health SILVER SPONSOR

Travis Stear, Director-Clinical Partnerships

3205 N. Twyman Road
Independence, MO 64058
309-331-3921

Travis.stear@embarkbh.com

Embark Behavioral Health is a leading nationwide network of outpatient centers and residential programs offering premier mental health and Substance Use Disorders (SUD) treatment for preteens, teens, and young adults. Their locations are part of a continuum of care that provides a range of services built from over 25 years of specialization in serving youth.

Booth #9

Healthy Blue Missouri GOLD SPONSOR

Lillian Colburn, Community Relations Rep.

1831 Chestnut Street
St. Louis, MO 63103
660-464-3979

Lillian.colburn@healthybluemo.com

Healthy Blue Missouri provides health care plans for Missouri residents, they are Missouri's Managed Care Organization for Medicaid and Medicare.

Booth #10

Home State Health SILVER SPONSOR

Nicci Lowrey, Community Relations Manager

Dana Leonard

Jonna Lynch

7711 Carondelet Avenue
St. Louis, MO 63105
314-712-6459

Nicole.lowrey@homestatehealth.com
www.homestatehealth.com

Home State Health is a Care Management Organization that serves the needs of Missourians through a range of health insurance solutions. Home State Health services the Medicaid population in partnership with MO HealthNet. The organization also focuses on under-insured and uninsured individuals through its Health Insurance Marketplace plan, Ambetter. Additionally, Home State Health provides insurance for the Medicare population through a Medicare Advantage plan, WellCare. Home State Health exists to improve the health of its members through focused, compassionate and coordinated care.

Booth #13

MacGill School Nurse Supplies

Kathryn Taylor, Marketing

1000 N. Lombard Road
Lombard, IL 60148
630-235-3220

ktaylor@macgill.com

At it's core, MacGill School Nurse Supplies is committed to championing school nurses, providing them with optimal supplies, unparalleled support, and cutting-edge resources to enhance the capacity for delivering outstanding care.

Booth #8

EXHIBITORS

Missouri Association of School Nurses

Angie Midnight-Oest, President

Elissa Brueggemann

164 Lucerne Place Drive

Ballwin, MO 63011

815-252-9724

president@missourischoolnurses.org

The Missouri Association of School Nurses is an affiliate of the National Association of School Nurses. They have over 500 active members from all areas of the state. The state organization is divided into eleven districts. Hosting several educational events every year, including an Annual Spring Conference, which is hosted on a rotating basis throughout the various districts. Their Mission is to provide leadership, promote professional growth, and advance the professional practice of school nursing for the benefit of children.

Booth #29

Missouri Department of Elementary and Secondary Education

Barb Shaw, Coordinator

205 Jefferson Street

Jefferson City, MO 65101

573-451-2954

Barbara.shaw@dese.mo.gov

The Missouri Department of Elementary and Secondary Education is a state service agency that works with educators, legislators, government agencies and citizens to maintain a strong public education system, providing many food and nutrition services.

Booth #17

Missouri Department of Transportation Highway Safety

Lillian Hinkson

Robyn Schroeder

830 MoDOT Drive, PO Box 270

Jefferson City, MO 65109

573-508-2237

Lillian.hinkson@modot.mo.gov

MoDOT Highway Safety is committed to reducing the number of injuries and deaths on Missouri roadways.

Booth #14

Missouri Network Against Child Abuse

Elizabeth Pierson, CSEC Specialist

520 Dix Road, Ste. C

Jefferson City, MO 65109

573-632-4600

elizabethpierson@mo-naca.org

The Missouri Network Against Child Abuse (MO-NACA) seeks to collaborate to create a Missouri free of child abuse by empowering adults with solutions to support the safety of children.

Booth #16

Missouri Poison Center

Amanda Ruback, Community Outreach Coord.

7980 Clayton Road, Ste. 200

St. Louis, MO 63117

314-612-5719

Amanda.ruback@ssmhealth.com

The Missouri Poison Center manages the states Poison Helpline, 1-800-222-1222, by providing free, confidential assistance from registered nurses and pharmacists 24/7/365.

Booth #12

Collaborative Pathways: Building Tomorrow's Infrastructure Together

EXHIBITORS

Missouri Telehealth Network Show Me ECHO

Alexis Hudson, Outreach Coordinator

4215 Phillips Farm Road, Ste. 121
Columbia, MO 65201
573-694-2653

ajhxhc@health.missouri.edu

Show-Me ECHO (Extension for Community Healthcare Outcomes) uses videoconferencing to connect interdisciplinary teams of subject matter experts with professionals across the state for collaboration and case-based learning.

Booth #26

Missouri Dept. of Health and Senior Services Adolescent and School Health Program

Cera Lusher, Contract Specialist

930 Wildwood Drive
Jefferson City, MO 65109
573-751-6188

Cera.lusher@health.mo.gov

<https://health.mo.gov/living/families/adolescent>

The Missouri Adolescent and Health Program provides a variety of services to help the adolescents of Missouri lead physically and emotionally healthy lives. Their main areas of focus are partnering with school districts, local public health agencies, and community organizations to provide evidence-based healthy youth development programs, professional development for anyone who works with youth, and to both foster and strengthen connections and meaningful conversations between youth and adults.

Booth #1

Missouri Dept. of Health and Senior Services Office of Dental Health

**Dione Snitker, Public Health Program
Associate**

Kelsey Siegel, State Dental Hygienist

930 Wildwood Drive
Jefferson City, MO 65109
573-751-5874 / 573-751-9594

Dione.snitker@health.mo.gov

The Office of Dental Health team is committed to improving the oral health of all Missourians through several public health programs focusing on the strategies of education and promotions of oral health.

Booth #11

Missouri Dept. of Health and Senior Services

Special Health Care Needs

Amy Moffett, Brain Injury Manager

Amy Thompson

912 Wildwood Drive
Jefferson City, MO 65109
573-751-6241

Hope.renkemeyer@health.mo.gov

<http://health.mo.gov/seniors/shcn/index.php>

Special Health Care Needs (SHCN) provides statewide health care support services, including service coordination, for children and adults with disabilities or chronic illness. Both state and federal funding support the SHCN services. To be eligible for SHCN services, an individual must be a Missouri resident, have a special health care need, and meet medical and financial eligibility when required. There is no fee for applying for these services.

Booth #6

Missouri Dept. of Health and Senior Services

Tobacco Prevention and Control Program

Christy Inskip, Youth Tobacco Prevention Spc.

930 Wildwood Drive
Jefferson City, MO 65109
573-526-1880

Christy.inskip@health.mo.gov

Tobacco Prevention and Control Program (TPCP) works with diverse partners statewide to prevent youth tobacco and e-cigarette product use, encouraging users to quit, eliminate exposure to secondhand smoke and aerosol, and identify and eliminate tobacco-related health disparities.

Booth #25

EXHIBITORS

Missouri Department of Social Services Office of Workforce and Community Initiatives

Melanie Davis, Program Specialist

3705 Missouri Blvd, 2nd Floor
Jefferson City, MO 65109
573-526-3607

Melanie.a.davis@dss.mo.gov

The Department of Social Services, Office of Workforce and Community Initiatives (OWCI) partners with organizations, providers, community partners, and other state agencies to offer services and resources that empower all Missourians to live safe, healthy, and productive lives.

Booth #19

Show Me School Health

Todd Winterbower, AD, CE-Health Professions

Laura Locke Meyer, DHSc, MSN, RN

3100 Falling Leaf Court, Ste. 1010, DC018.40
Columbia, MO 65212
573-882-4105

winterbowert@missouri.edu

Show Me School Health's goal throughout their partnership is to provide children a higher quality of nursing care in the school setting, improving management of chronic health conditions and acute care needs. They will also ensure school nurses have the clinical skills to provide safe care to students with special health care needs, feel more competent in delivering specialized care in the school setting, and will be able to assertively delegate health care procedures to unlicensed assistive personnel (UAP). In turn, UAP in the school setting will be more confident in delivering care to students.

Booth #23

St. Louis District Dairy Council

Jessica Kassel, Nutrition Educator

325 N. Kirkwood Road, Ste. 222
St. Louis, MO 63122
314-835-9668

ewheeler@stldairycouncil.org

St. Louis District Dairy Council is a non-profit organization that provides nutrition education resources to schools and community organizations to promote dairy consumption.

Booth #2

TRACTION Teens Taking Action to Prevent Traffic Crashes

Rachel Penny, Coordinator

Kacey Wilson, MoDOT

2530 Maria Louise Lane
Cape Girardeau, MO 63701
573-335-6621 x.1821

rpenny@cityofcapegirardeau.org

TRACTION empowers youth to take an active role in promoting safe driving habits and making positive change in their local Missouri Communities. TRACTION is open to every high school or youth organization with students, starting at the incoming freshman age and up.

Booth #15

University of Kansas Medical Center iAmHealthy Parents First

Chris Tuck

3901 Rainbow Blvd.
Kansas City, KS 66160
785-633-1393

iamhealthyparentsfirst@kumc.edu

iAmHealthy Parents First is a first of its kind, virtual research study focused on teaching lifelong healthy habits to parents and children.

This free online coaching program teaches practical skills for lasting healthy lifestyle changes. Families will have the opportunity to learn healthy eating habits, fun ways to stay active, and strategies for sustainable weight management.

Booth #20

Thank You for Attending the
32nd Annual Conference

of the

Missouri Coordinated School Health Coalition

*Collaborative Pathways:
Building Tomorrow's Infrastructure Together*



CONFERENCE EVALUATION

Please be sure to complete the conference evaluation by scanning the QR Code. Let us know what you enjoyed most and what you might want to see at future conferences. We look forward to hearing your thoughts!

