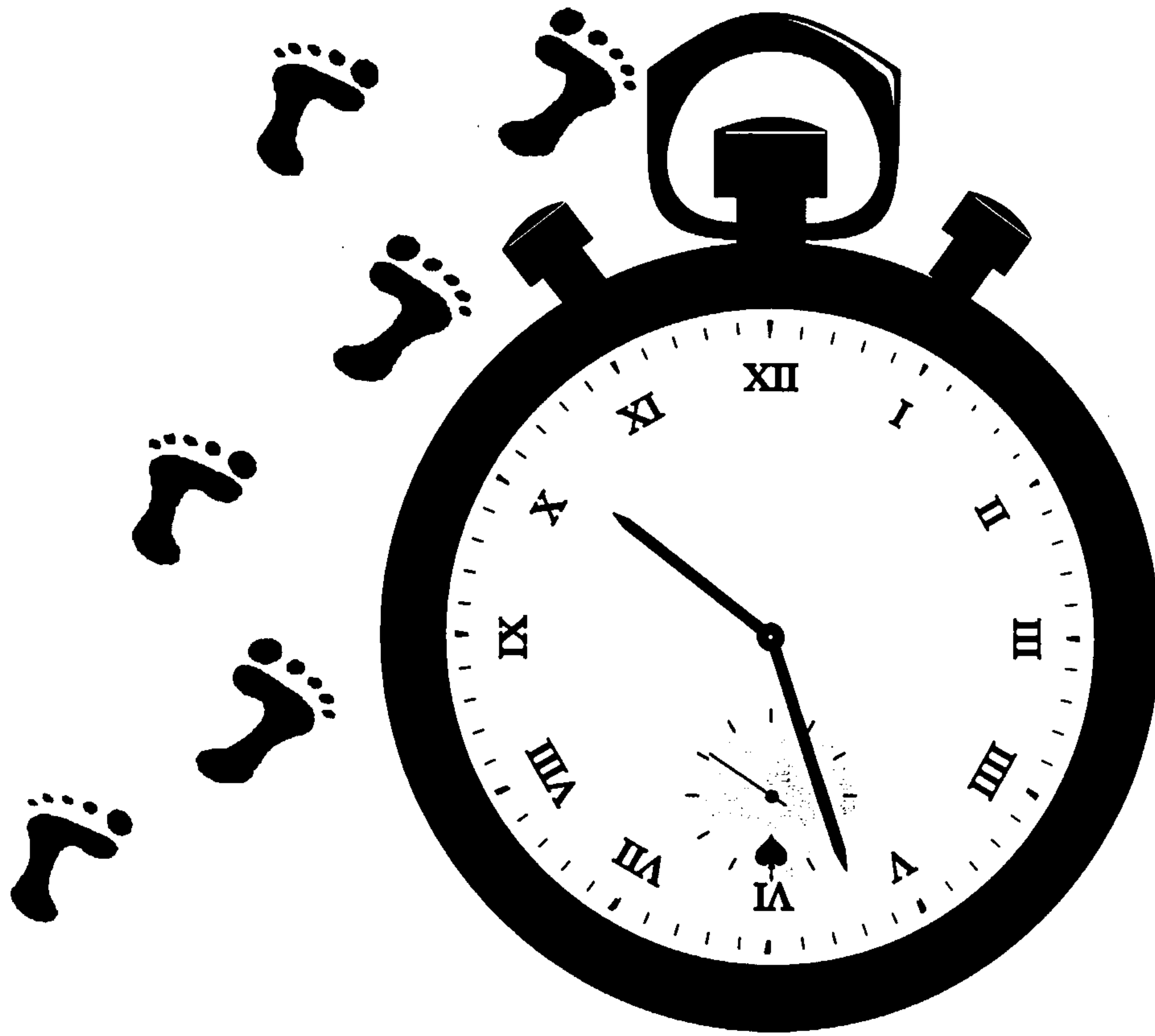


SCHOOL EMPLOYEE HEALTH & FITNESS CELEBRATION

# Predicted Time Walk



## "How-To" Guide

Includes:

- Things to do and helpful hints
- Data Sheet
- Sign-up Sheet
- Promotional flyer
- Reminder notices