

Health Jeopardy

Description

The idea behind this old favorite, adapted from the TV game, is to look at or listen to the answers and try to come up with the questions.

Game Objective

To score the most points by successfully coming up with questions to fit given answers.

Materials Needed

Question/Answer key

Chalkboard, whiteboard or flip chart

Chalk or markers

Eraser (if using chalk or white board)

Directions

1. Draw the categories and point values on the board for all to see, for example:

Ergonomics	Stress	Cancer	Nutrition	Sleep	Headaches
10	10	10	10	10	10
20	20	20	20	20	20
30	30	30	30	30	30
40	40	40	40	40	40
50	50	50	50	50	50

2. Divide participants into two groups and allow each group to choose a spokes person who will confer with the group and give the “answer” in question form. (Usually, 15 seconds is the time allotted to answer.)

3. Play proceeds as follows: Group A chooses a category and a point value (higher point values are the more difficult questions). For example, Group A may choose “nutrition for 30.” From the answer key, the facilitator would read “oils that have been chemically altered to make them more saturated” The group confers and the

spokes person says “What are hydrogenated fats?” The facilitator informs group members that they are correct and awards team A 30 points while erasing that category and point value from the grid. It is now Group B’s turn.

4. If Group B is incorrect on its turn, the point total is deducted from B’s score (some scores go into negative numbers), but the category remains open. Play goes to Group C, and members of Group C may choose that same question or a new one.

5. To keep both groups interested and involved, rotate play from Group A to B to C and back to A, regardless of correct or incorrect answers.

6. Remember, answers must be in question form to count.

7. Continue play until all categories are used.

8. After all the categories are used, a “Final Jeopardy” question is asked in the following manner: Before hearing the question or even knowing the category, each team secretly wagers from one point to all of their points on the possibility that they will get the question correct. They write their wager on a piece of paper, to be revealed later.

9. After points are wagered from all teams, the final category is revealed and “question” is asked. Teams have one minute in which to write their answers down.

10. After one minute is up the team with the least amount of points is the first to reveal their answer. They are told whether their answer is correct or not.

11. The team then reveals how many points they wagered. If they answered correctly, that amount of points is added to their score, if they answered incorrectly, the amount wagered is the amount deducted from their score.

12. This is repeated for the other two teams. The team with the most points in the end wins!

Helpful Hints

It is desirable to make several copies of the answer key and cross off categories on your sheet, as well as on the board. This makes for easy reference and avoids discrepancies.