Missouri Oral Health Preventive Services Program

Facilitated Through:

The Missouri Department of Health and Senior Services

Office of Dental Health

Oral Health Program

Program Contact: Ann Hoffman, RDH, BSDH

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What Is The Preventive Services Program?

The Missouri Oral Health
Preventive Services Program
(PSP) is a **community-based**,
systems approach to population-based prevention of oral disease.

Purpose of PSP

The intent of PSP is to provide;

- a program to improve oral health of this at-risk population
- an evaluation of oral health in the community's children
- implement prevention strategies
- provide oral health educational information
- initiate referrals for dental services to those identified with unmet dental needs
- is available to all children, infant to 18 years old

About 25,000,000 Americans live in areas lacking adequate oral health care services; and approx. 11% of the nation's rural populations have never been to a dentist.(2000 Surgeon General Report on Oral Health in America)



- Desire to provide program to improve oral health of at-risk populations
- Devised alternative appropriate fluoride intervention for population; fluoride varnish
- Developed comprehensive plan for including; surveillance, oral health education, fluoride varnish application and referral for dental treatment.

Program Methodology

The 4 basic steps in the program include:

- 1. Screening/Surveillance; Complete an annual standardized oral health screening for a statewide database of the children in a community. This Basic Screening Survey(BSS)-provides nationally recognized data.
- <u>2. Education</u>; Provide oral health education, toothbrush and toothpaste to all participating children
- <u>3. Prevention</u>; Two applications of a fluoride varnish treatment. The first at a screening event, the second follow-up varnish application within a three to six month period.
- 4. Referral; Provide a structure for dental care for children with unmet dental need

Community Partnerships & Coalitions

Consider involving these organizations:

- A broad and diverse range of people and organizations, including people directly affected by problems/issues.
- Representatives and individuals from different parts of the community:
 - coalition groups, schools, foundations, state and local government bodies, civic organizations, local public health agencies, clinics, hospitals (dentists, dental hygienists, physicians, nurses), etc.

PSP Participant Lafayette County Health Department



participation rate for students began 10 years ago at 60% of enrollment and now wavers between 70-77%.

Public Health Nurse; Martha McReynolds, RN

"The PSP program is fun, beneficial and well known in our county. Dental providers, along with our staff and volunteers, look forward each year to participating.

"I cannot convey how much our dentist like participating. We had a dentist move from our area who told me he would come back and help any time we needed another set of eyes..."

People Involved in the Event

EVENT COORDINATOR

Person coordinating the screening, varnish, education and referrals for the school or agency.

Typically a School Nurse or Head Start coordinator

SCREENER

Dentist or Dental Hygienist

FLUORIDE VARNISH VOLUNTEERS

Parents, Nurse, Teacher or any other volunteer

OTHER ASSISTANTS

Parent, nurse, teacher or any other person interested in helping with the details of the event.

- You will be one of many involved in a PSP Event
- Many hands working together for the oral health of the community

PSP State Roles and Responsibilities

- Oral Health Program will provide:
 - Program Coordinator/Oral Health Program Consultant
 - Educational Materials
 - Screening supplies, toothbrushes, fluoride varnish
 - Online training of volunteers to apply fluoride varnish
 - Online calibrating dental professionals to collect surveillance data

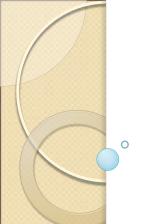
Responsibilities of Event Coordinator

- Recruit community dental professionals & other volunteers
- Obtain parental consent for fluoride varnish application
- Order supplies through Oral Health Consultant
- Provide oral health education to children
- Schedule screening/varnish application event and second varnish application event
- Develop referral system with community dentist for children with dental needs.

Provide Statewide Database with Annual Screenings

Purpose is to:

- describe oral health status of MO children
- identify need for services/interventions
- provide comparison among regions and communities
- track outcomes



Show Me Your Smile Survey



2005 and **2010** Survey

Survey Results of 3rd Graders 3,500 children's teeth in 2005 2,600 children's teeth in 2010

Key Findings

Dental caries is a significant problem

Oral health varies across SES levels

Oral health varies across racial groups

Key Findings

- A considerable share of children do not have access to oral health care
- Missouri's children have a low level of dental sealants
- Higher income children have less decay than lower income children statewide

Overall Results Show Me Your Smile Survey

2004-2005

55% with caries experience

- 27% untreated decay
- 29% with dental sealants

2009-2010

 52% with caries experience

25% untreated decay

24% with dental sealants

Tooth decay is the most common chronic childhood disease, five times higher than Asthma and seven times higher than Hay fever.

Treatment Needs Show Me Your Smile Survey

2004-2005

2009-2010

72% with no obvious problem

76% with no obvious problem

 23% needing early dental care

 20% needing early dental care

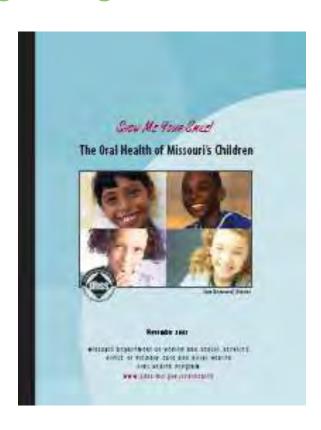
 5% needing urgent dental care

 4% needing urgent dental care

The 2004-2005 Oral Health of Missouri's Children Executive Summary

Available at:

http://health.mo.gov/living/families/oralhealth/oralhealthsurv.php



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Step I: Oral Screening What is an Oral Screening?

- Not a thorough clinical exam, no x-rays
- Does <u>not</u> involve making a clinical diagnosis that results in a treatment plan
- Only identifies gross oral lesions
- Must be conducted by licensed dentists or dental hygienists

Screening Needs

- Lighting source
- Retraction/Visualization
- Infection Control Supplies
- Other Supplies
- Data Recording Material



General Screening Rules

When in doubt, be conservative!!!

 If you are not sure a condition is present, assume it is <u>not</u>.

 A broken or chipped tooth is sound, unless an obvious cavity is also found.

Standardized PSP Screening Form

•	Preventive Services Progr	am (PSP) Survey					
Screening Date: School N	irme (Print, stamp, or affix a label):	Screen	er Name:				
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Male.		11 Mo.	D Preschool				
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	0.4		O Third Grade				
) White	0.5		O Fourth Grade				
African-American	0.6		O Fifth Grade				
Asian or Pacific Islander	0.1		D. Storth Grade				
American Indian Multi-Racial	0.8		O Seventh Grade				
Unknown (Non White)	0.9		G Eighth Grade				
Hispanic	0 10		O Ninth Grade				
respunc	0.11		O Tenth Grade				
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- Community is our Patient
- Community is encouraged to assume responsibility
- Community as a whole is assessed
- Community data is collected and utilized state and nationally
- Community is encouraged to build a network of care

Oral Screening Results Provided

Missouri Oral Health Preventive Services Program Screening Results for School Year 2012-2013

Sugar Creek - Independence School District Jackson County

Gender	Kindgin	Grade 1	Grade 2	Grade 3	Grade 4	Citade 5	Grand Total
Female	_ 13	15	1.0	171	.15	. 9	131
Male	20	16	1.1	20 38	1.0	10	197
Grand Total	33	31	20	38	33	15	183
						100	
Age	Kindgtn	Grade 1	CHINDS 2	Grade 3	Grade 4	Grade 5	Grand Total
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6	21	.11	-				32
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Grand Total	33	31	29	38	-33	19	183
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Primary Only	5	30	27	7	27	4-20	
Primary and Permanent	- 5	- 1	-	- 5	- 6	2	22
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No Obvious Problem	28	30	27	27	27	16	155
Early Dental Care	- 5	1	. 2	19			23
Urgent Care		100		3		374	5
Grand Total	-33	31	29	38	33	19	183
History of Rampant Carles	Kindata	Grade 1	Grade 2	Cirade 3	Grade 4	Grade 5	Grand Total
No.	30		24	24	28		Grand Fotal
Yes	30	24	24	14	28	17	36
1.00	-3		- 08			19	1003
Grand Total		34	. 29	3/3	-33		

PSP Participant Clay County Public Health Center



Karmen Vaughn, RDH

"Our school-based dental program used to provide dental screenings and education yearly. In partnership with PSP we are now including fluoride varnish applications and dental supplies biannually."

"A few kids excited about receiving dental goodies have told me, "I haven't had a new toothbrushes in years!..."

47 Clay County Schools are participating with the PSP; representing approximately 9,000-10,000 children.

Program Methodology

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- 4. Referral; Provide a structure for dental care for children

Step 2: Oral Health Education

- Inform of the benefits of fluoride varnish to parents and children through brochures, flyers, and handouts
- Instruct in basic oral hygiene measures (brushing and flossing) through video/DVD and verbal presentations

Free Toothbrushes, Toothpaste and Floss

 Appropriately sized toothbrushes for the children being screened will be provided by PSP on the day of the screening and an additional toothbrush at the second application.

Toothpaste for all children

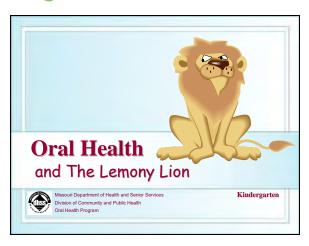
Grades 4th and up receive dental floss

Oral Health Education Curriculum Presentations

Oral health curriculum presentations

• Kindergarten through 12th grade is available on website:

http://health.mo.gov/living/families/oralhealth/oralhealtheducation.php



Free Oral Health Materials

http://health.mo.gov/living/families/oralhealth/oralhealtheducation.php







Fluoride Historical Value

Dramatic reduction in cavities for 50 years.

Reduction due to both systemic and topical fluorides.









Fluoride Varnish

Preventing and Arresting Dental Decay

Has been used in Europe and Canada for more than 40 years in preventing tooth decay.

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Step 3: Fluoride Varnish

- Fluoride varnish comparable in efficacy to traditional topical fluorides.
- Fluoride varnish can be applied in a variety of settings.
- Can be applied by non-dental staff with training



Fluoride Varnish is Endorsed by the Following Associations ...





Association of State and Territorial Dental Directors



Centers for Disease Control and Prevention

PSP Participant Children's Smile Center Dental Clinic



Carrie Burke; Administrator

"We are impressed with how user-friendly the PSP is for our non-profit dental clinics. From the clear-cut instructions, to ease in ordering, and the entering of data online, our consultant makes it literally a turn-key operation."



- Easy to learn to apply and perform
- Quickly completed
- Sets on contact with moisture (saliva)
- Not rendered inactive by plaque
- Taste is tolerable and well accepted

How Fluoride Varnish Works

- Decreases the acidic environment caused by plaque
- Retards, arrests, and may reverse the decay process
- Can promotes the remineralization of the tooth enamel

Parental Consent

- Positive Consent Required
- Parent Fluoride Varnish note will be sent home after fluoride varnish application

Dear Parent or Grandon.	Date
	le through the Missonn Department of Health and Semei Services param is offered to aff children in the state of Missouri, including
thin corting of fluoride varnish to your chil corting of fluoride varnish will be applied t	on oral screening for your child and a trained volumeer will apply a of a teeth as a preventive measure against seoth decay. This thin twice during the school year. Fluoride variesh has been proven to be ng small areas of early tooth decay. This preventive program also aformation.
	s not replace a regular dental check-up, ommended at least once a year: "
To receive this no cost screening and film	ide vamish application, you must provide consent
Yes I want my child to receive a di approximately faree to six-mouths	enni screening and two applications of flavoride controls agest.
Yes, I want my shifts to have the de- varnish	ental screening, but I do not want my child to have the floorafe
No. 1 do pat want new child to garm	zijeste in das program
Cudd's Name	
Teiche:	onde
Health History	
Has your child ever had serious dealth prob	Geografia VesNo II yes, please explain
Does your called have my allergues! Yes _	No If yes, please lest:

Cost Effective



- Nu Radiance costs less than \$.72 per application
- Free to participants/community

Dental care is the most commonly cited unmet health care need in the nation(Pediatr Clin N AM 2000;47:1177-1189).

Who Benefits

- Infants & toddlers
- Children
- Teens
- Adults



Application

No dental chair needed

Application takes 1-3 minutes

 Varnish is "painted" on all surfaces of <u>all</u> teeth with disposable applicator

Application Supplies



- Disposable Mouth Mirror(state provides)
- Varnish(state provides)
- Gloves, (latex free) and
 Mask & Flashlights-(community provides)

Knee to Knee/Lap and Chair Positions



Knee to Knee/Lap Position

http://www.scdhec.gov/health/mch/oral/early.htm



Chair Position

Application Appearance





Post Application

- May offer drink immediately
- Okay to eat and drink as usual
- No brushing until the next morning



Reapply Fluoride Varnish

To maintain its caries-preventive effect

 Department of Health will provide two applications per year

 Application of fluoride varnish twice per year can help reduce decay dramatically

Program Methodology

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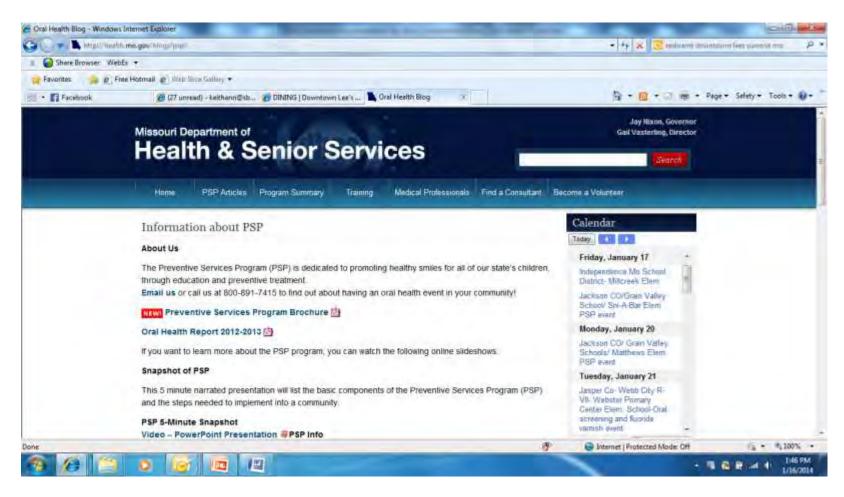
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Step 4: Referral Network

- Community action essential
- Involve local dentists, community health clinics, federally qualified health clinics, other health providers
- Continued networking important to obtain and maintain good referral system

The PSP Web Site:

http://health.mo.gov/blogs/psp/



PSP Report 2012-2013 School Year

http://health.mo.gov/blogs/psp/



Positive PSP Data

PSP Activity of children screened and varnished:

2006-2007 school year- 8,529

2007-2008 school year - 18,139

2008-2009 school year - 35,308

2009-2010 school year- 54,187

2010-2011 school year- 64, 657

2011-2012 school year- 64,764

2012-2013 school year- 72,320

2013-2014 school year-76,320

2014-2015 school year- 83,258

2015-2016 school year- 83,139

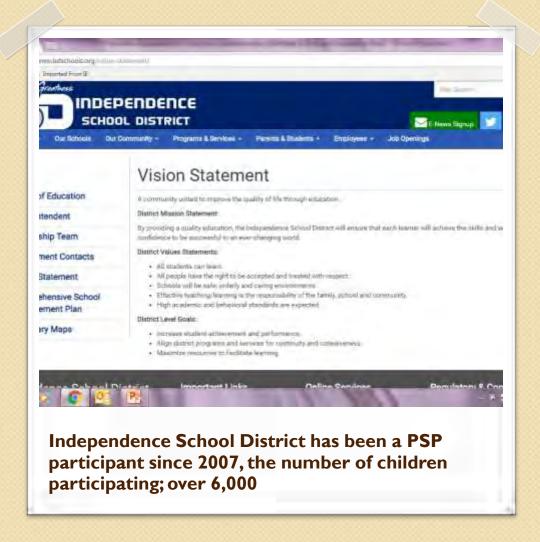
Volunteers

Over 1,296 licensed dental professionals have been calibrated to conduct oral screenings

Plus approximately 6,529 volunteers trained to apply varnish



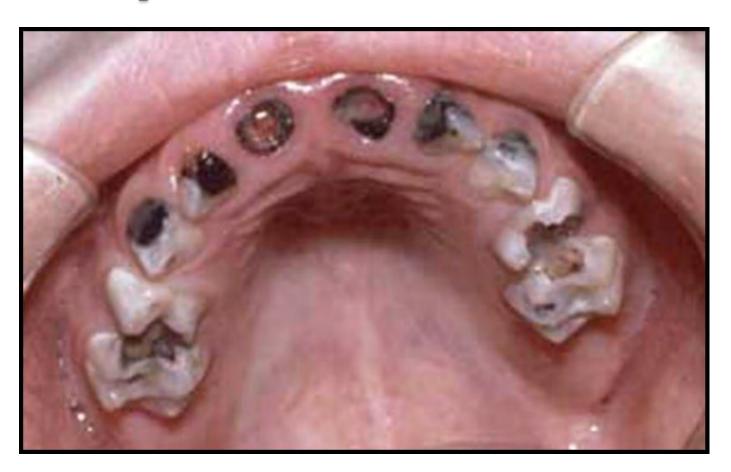
PSP Participant Independence School District



Courtney Wall, Health Screener

"A positive is that PSP provides the students of Independence School District (ISD) the opportunity to receive fluoride twice a year at no cost to their parents."

Early Childhood Caries



The Anticipated Results







Improved Health Outcomes.

- Lower rates of acute and chronic diseases
- Higher rates of preventive services
- Lower rates of disability

Improved Education Outcomes

- Less absenteeism
- Higher test scores
- Fewer Drop Outs

Improved Business Outcomes

- Reduce Health Care Expenditures
- More Productive Workforce

Questions/Find a Consultant

Office of Dental Health

Missouri Department of Health and Senior Services

P.O. Box 570 Jefferson City, MO 65102-0570

1-800-891-7415

http://health.mo.gov/blogs/psp/

To locate an Oral Health Consultant in your community;

http://health.mo.gov/blogs/psp/

Click icon on left side "Find a consultant"

Thank You!

Department of Health/Office of Dental Health Dental Director:

Dr. John Dane, DDS

Oral Health Program Coordinator:

Amy Kelsey, MPH

Oral Health Program Consultants:

- Jeffrey Bellamy, RDH, BSGS
- Karen Eslinger, RDH
- Audrey Hendee, RDH
- Ann Hoffman, RDH, BSDH
- Molly McBride-Mooty, RDH





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