

A photograph of three young girls of African descent standing in a row against a light-colored wall. The girl on the left is wearing a white collared shirt and has her hair in a bun. The girl in the middle is wearing a red polo shirt and has her hair in braids with blue and red accessories. The girl on the right is wearing a white collared shirt and has her hair in braids. All three girls are smiling and holding a large yellow ball. A large yellow circular graphic is overlaid on the left side of the image, containing the title and authors' names.

Whole School, Whole Community and Whole Child: Building a Case for Making Changes to Schools and Local Environments

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About Us...

- Largest urban school district in the state - 22,000 students, 2066 staff in 72 schools
- 100% of our students receive free breakfast, lunch and afterschool snack
- Median household income for our families is \$35K
- Maintaining highest level of *Food Standards* per USDA guidelines
- 2008- Academics In Movement (AIM) curricula
- 2012- AIM for Fitness district initiative
- 2014- Missouri Foundation for Health: Healthy Schools Healthy Communities Initiative
- 2015- Expanded to 11 schools and 7 neighborhoods
- Largest employer in the state and our business is health
- City of St. Louis has a diminishing population
- Forward Through Ferguson and For the Sake of All reports have brought educational gaps and health disparities to the **forefront.....Call to Action!**



Healthy Schools Healthy Communities Initiative

Saint Louis
Public
Schools

BJC School
Outreach &
Youth
Development

Community
"School as the Hub"

Common Agenda
of
Reducing Childhood Obesity



Map of Healthy Schools Healthy Communities Schools and Communities St. Louis City

Map adapted from City of Saint Louis Board of Alderman

MISSOURI FOUNDATION FOR HEALTH
**Healthy Schools
Healthy Communities**
LET'S BUILD A HEALTHIER FUTURE



Ward 4: Greater Ville/The Ville

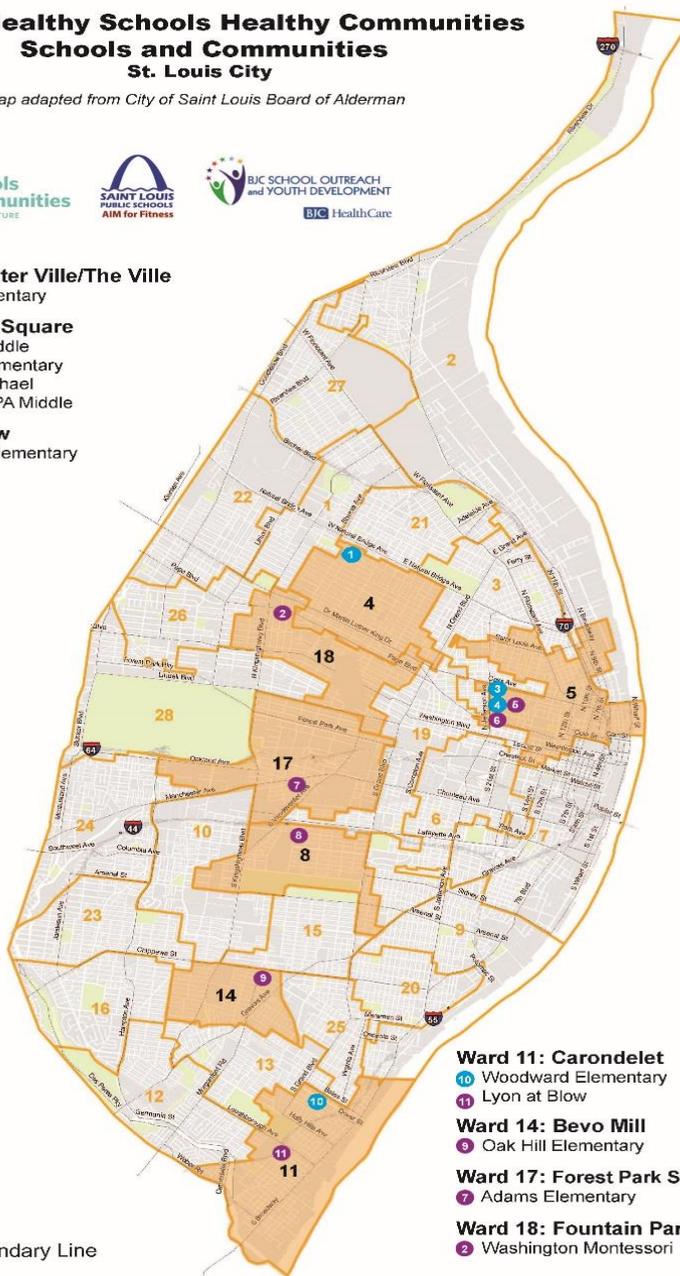
- 1 Hickey Elementary

Ward 5: Carr Square

- 3 Gateway Middle
- 4 Gateway Elementary
- 5 Gateway Michael
- 6 Carr Lane VPA Middle

Ward 8: Shaw

- 8 Mullanphy Elementary



● Cohort 2

● Cohort 3

— Ward Boundary Line

Ward 11: Carondelet

- 10 Woodward Elementary
- 11 Lyon at Blow

Ward 14: Bevo Mill

- 9 Oak Hill Elementary

Ward 17: Forest Park Southeast

- 7 Adams Elementary

Ward 18: Fountain Park

- 2 Washington Montessori



BJC HealthCare

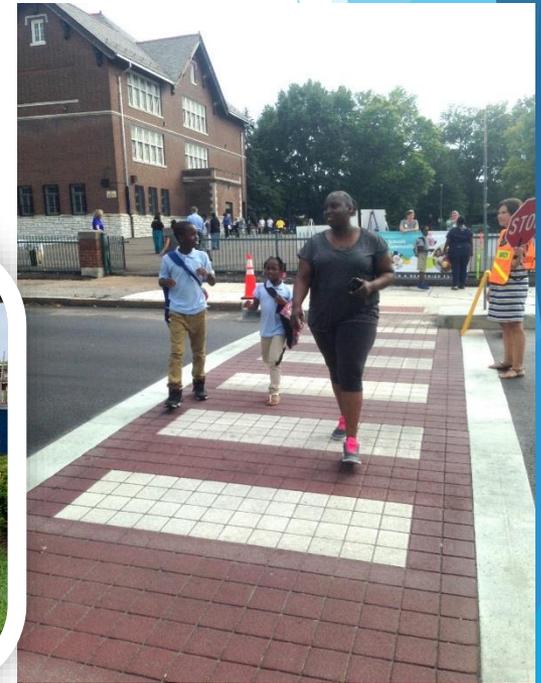




Health Education



Physical Environment



Nutrition Environment & Services



Community Involvement



Employee Wellness



Physical Education

Emotional Fitness Skills
Learning Goals Opportunity
Adaptive Effective Social
Assessment
Physical Education
Health Control Capable
Personal Sport Knowledge Active
Team Developmental Responsibility
Dance
Equality Movement Self-Esteem
Mental Lifelong Play object-control Success Motor-Control
Safety Swimming Cooperation
Inclusion



Health Services



Family Engagement



Social & Emotional Climate



Counseling, Psychological & Social Services



Successes



Successes

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Map adapted from City of Saint Louis Board of Alderman

HEALTHY COMMUNITIES FOR ALL
**Healthy Schools
Healthy Communities**
LET'S BUILD A HEALTHIER FUTURE



BJC HealthCare

Ward 4: Greater Ville/The Ville

- 1 Hickey Elementary

Ward 5: Carr Square

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Ward 18: Fountain Park

- 11 Washington Montessori

- Cohort 2
- Cohort 3
- Innovation and Impact funding
- Ward Boundary Line

2015- Expanded to 11 schools and 7 neighborhoods



BJC Health

Questions and Thank You!



BJC SCHOOL OUTREACH
and YOUTH DEVELOPMENT

BJC HealthCare

